



Lifepath Systems

Mental Retardation Community Services

Lifepath Systems provides services that are identified and budgeted through an individual plan developed by each client with the support of their service coordinator and people important in the client's life. These supports are for individuals who are not enrolled in a Medicaid waiver program and do not live in a residential program.

I. Respite

- Respite is planned temporary relief from care giving for the primary caretaker
 - Respite can be provided in the individual's home, the provider's home or in the community
 - LifePath Systems provides respite through contracting with qualified providers selected by the individual and family
 - If you are a contractor click here for respite progress note (PDF file)

II. Community Support

- Community support is providing an additional person to assist family members as they support individuals to access activities in the community.
 - Community support can be provided anywhere in the community e.g., doctor's appointments, classes, gyms, Park and Recreation facilities, etc.

III. Skills training

- Skills training provides individuals an opportunity to gain more independence in the activities of daily living
- Activities might include: budgeting assistance, shopping transportation training or other daily life skills

IV. Employment Assistance/Supported Employment

- Assistance in finding and maintaining employment that matches an individual's skills, preferences and work conditions
- STAR Resources, LifePath Systems' Supported Employment Program

V. Day Habilitation Services

- Assistance with acquiring, retaining or improving self help, socialization and adaptive skills necessary to live successfully in the community done in a group setting on a regularly scheduled basis



VI. Vocational Training

- Services provided in an industrial enclave, work crew or sheltered workshop to enable the individual to obtain employment

VII. Self-Advocates

- Self-Advocates is a group of adults with disabilities living in Collin County, meeting to discuss issues that affect their lives
- [Click here to learn more about this group.](#) (PDF file Self- Advocates Brochure.)

VIII. Behavioral Supports

- Specialized interventions to increase adaptive behaviors that will increase the individual's inclusion in home and community life

For further information about LifePath Systems Community Services programs, please call us at (972) 727-9133.